



My favorite spring fruits are the mulberries, which are not available in stores because they are one of the few crops that are harvested in the "wild" by dedicated foragers like myself. They are popular shade trees but have drawbacks. The fruits of the female trees stain purple everything they come in contact with, and the male trees release so much pollen that they trigger typical hay fever reactions. But try the recipes in the full article [here](#) and you will forgive them for a little discomfort. This is the most popular article on the SuperSite, with more than 37,000 page views!