



I'm pleased to note that my latest book, *The Founding Foodies*, is getting good reviews. Here's a sampling:

"You've put together a wonderfully detailed and rollicking culinary tale. It's one I will look forward to sharing with friends. I love your excursions into the English figuring out what to eat, Valley Forge myths, the importance of the salt industry, and the importance of fishing in the new Republic. Cool stuff woven into a compelling narrative." —Leni A. Sorensen, Ph.D., African-American Research Historian, Monticello

"This book wholly represents the culinary traditions and passions of important historical figures like Thomas Jefferson – a true scholar and gastronome. It is a fascinating tale of how our nation's third president elegantly married French and American cookery. *Thomas Jefferson and the Founding Foodies* is sure to enlighten and entertain everyone from historians to home cooks." —Walter Staib, Chef/Proprietor, City Tavern Restaurant, Philadelphia, and star and host of the PBS series, "A Taste of History"

"A deft combination of primary-source material, historical context, entertaining tidbits, and authentic recipes, this highly readable piece of popular history is sure to have wide appeal."
—Neil Derksen, *Library Journal*

This would make a great Christmas present for your foodie friends, and you can order a copy [here](#)