



Rick Grice of Maya Natural Sea Salt just sent me a link to pics of his salt harvest, which apparently has been going on long before he was born! Rick writes: "White Gold or Mayan Sea Salt has been the subject of numerous books and scholarly papers written about the [trade routes](#) of the ancient Mayans. Some have estimated that 3 to 6 tons of sea salt per day had to be transported by canoe and on human backs into the interior to supply the Mayan people whose population then is estimated to have been greater than the population of the same region today. This sea salt was produced on both sides of Central America in what is now Guatemala, Mexico, [Belize](#), and even into Honduras and El Salvador. Recently discovered archeology sites (many now underwater) attest to the vastness of this ancient enterprise. Our FDA-registered operation is within walking distance of one of the Mayan sites." View the rest of his harvest shots [here](#). Mouse-over the pics to see the captions.